

ADVISING WORKSHEET

BACHELOR OF SCIENCE IN HEALTH AND HUMAN PERFORMANCE
 HUMAN PERFORMANCE OPTION
 General Bulletin 20172018

TRANSFER INSTITUTION (S):

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Name _____

Student ID # _____

GENERAL EDUCATION REQUIREMENTS – SEE ATTACHED PAGE FOR SPECIFIC COURSES

General Education Category	Course #	Credits	Grade	Semester	Equivalent
Category I: Global Academic Skills(9 credits) A. Mathematics(3 credits) STAT 216- Interdisciplinary Core Requirement B. English(3 credits)					
C. Communication & Information Literacy (3 credits)					
Category II: Natural Sciences(7 credits) 2 lectures (6 credits) & 1 lab (1 credit) (1 life science & 1 physical science & 1 lab) BIOB 101/102- Interdisciplinary Core Requirement CHMY 121/122 Interdisciplinary Core Requirement					
Category III: Social Sciences and History(6 credits) A. Social Science (3 credits) PSYX 100- Interdisciplinary Core Requirement B. History (3 credits)					
Category IV: Cultural Diversity (3 credits)					
Category V: Arts & Humanities (6 credits) A. Fine Arts(3 credits)					
B. Humanities(3 credits)					

A minimum grade of "G" required in all General Education courses.

Note: Certain degrees may require a minimum grade of "C" in General Education courses.

Reviewed:

GENERAL EDUCATION REQUIREMENTS

CATEGORY I: GLOBAL ACADEMIC SKILLS			9 credits	CATEGORY
Students are required to take one course from each subcategory				
Subcategory A -Mathematics			3 credits	
M	105	Contemporary Mathematics	3	
M	114	Extended Technical Mathematics	3	
M	121	College Algebra	3	
M	122	College Trigonometry	3	
M	130	Mathematics for Elementary Teachers I	3	
M	143	Finite Mathematics	4	
M	161	Survey of Calculus	3	
M	171	Calculus I	4	
STAT	141	Introduction to Statistical Concepts	3	
STAT	216	Introduction to Statistics	4	
Subcategory B- English			3 credits	
WRIT	101	College Writing I	3	
WRIT	121	Introduction to Technical Writing	3	
WRIT	122	Introduction to Business Writing	3	
WRIT	201	College Writing II	3	
WRIT	220	Business & Professional Writing	3	
WRIT	221	Intermediate Technical Writing	3	
Subcategory G Communication & Information Literacy			3 credits	
COMX	111	Introduction to Public Speaking	3	
COMX	115	Introduction to Interpersonal Communication	3	
LSCI	125	Research in the Information Age	3	
BMIS	150	Computer Literacy	3	

CATEGORY II: NATURAL SCIENCES			6 cr. lecture & 1 cr. lab	
Students are required to take one course from each subcategory and at least one corresponding lab Integrated Sciences				
Subcategory A –Life Sciences			3-4 credits	
BIOB	101	Discover Biology	3	
BIOB	102	Discover Biology Lab	1	
BIOB	121	Fundamentals of Biology for Allied Health	3	
BIOB	122	Fund of Biology: Evolution, Ecology, and Biodiversity	3	
BIOB	123	Fund of Biology: The Nature of Nutrition	3	
BIOB	160	Principles of Living Systems	3	
BIOB	161	Principles of Living Systems Lab	1	
Subcategory B– Physical Sciences			3-4 credits	
ASTR	110	Introduction to Astronomy	3	
ASTR	111	Introduction to Astronomy Lab	1	
CHMY	121	Introduction to General Chemistry	3	
CHMY	122	Introduction to General Chemistry Lab	1	
CHMY	141	College Chemistry I	3	
CHMY	142	College Chemistry Laboratory I	1	
GEO	101	Introduction to Physical Geology	3	
GEO	102	Introduction to Physical Geology Laboratory	1	
GPHY	111	Introduction to Physical Geography	3	
GPHY	112	Introduction to Physical Geography Lab	1	
PHSX	103	Our Physical World	3	
PHSX	104	Our Physical World Lab	1	
PHSX	205	College Physics I	3	
PHSX	206	College Physics I Lab	1	
PHSX	105	Fundamentals of Physical Science	3	
PHSX	106	Fundamentals of Physical Science Lab	1	
Integrated Sciences				
SCIN	101, 102, 103, 104	Integrated Sciences	3, 1, 3, 1	

Course		Credits	Grade	Semester	Equivalent
A minimum grade of C or better is required in all major coursework					
Human Performance Major Core					
ECP	120	Emergency Medical Responder	3		
KIN	105	Foundations of Exercise Science	3		
KIN	106	Foundations of Exercise Science Lab	1		
KIN	320	Exercise Physiology	3		
KIN	321	Exercise Physiology Lab	1		
KIN	322	Kinesiology	3		

2 > B D C 50

PSYX	223/224	Research Design and Analysis w/ Lab	4			
PSYX	320/321					

Enrollment in several major courses is dependent upon Admission to the Human Performance program and admission to the program is separate from enrollment at the University. Students are encouraged to explore their interest and skill in lower division courses but must realize that admission to the program, which allows access to several majors courses, is selective.