

			2			
REC	200	Foundations of Outdoor Adventure Leadership	3			
REC	210	Environment/Leave No Trace	2			
REC	310	Adventure Leadership	3			
REC	466	Ethical/Legal Aspects in Outdoor Adventure Leadership	2			
ECP or ECP	120 312	Emergency Medical Responder Wilderness Medicine	3-4			
REC or REC	306 308	Outdoor Living Skills Wilderness Medicine	2-3			
REC or REC	411 470	Adventure Guiding and Instruction Adventure Program Planning and Development	3			

Skills Areas

Choose at least four skills/rescue courses in at least two different disciplines (e.g. climbing, fly fishing, skiing, etc.) from the following (continued on next page)

REC	119	Nordic Skiing I	1			
REC	122	Alpine Skiing I				

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	181	Basic Navigation/Orienteering	1			
REC	255	Rock Climbing I	1			
REC	275	Kayaking I	1			
REC	277	Rafting I	1			
REC	287	Archery I	1			
REC	182	Advanced Navigation	2			
REC	185	Winter Survival Skills	2			
REC	187	Basic Survival in the Outdoors	2			

