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December 13, 2022

Meeting began at 2:00 pm:



Chancellor Hicswa reminded the team to take any opportunity to encourage students during this stressful time of the semester so they can finish strong.

Vice Chancellor for Student Access and Success Kim Hayworth gave an interactive article presentation based on "Empathy is the Most Important Leadership Skill According to Research" by Tracy Brower. Dr. Hayworth had JLT members stand to illustrate some statistics from the article about mental health. She offered actionable advice for how to practice empathy when in a leadership role. She led discussion on these action items, including asking and truly considering how a person is feeling, remembering and following up on concerns a person has shared, inquiring about those same challenges at a later date (a "check-in"), listening, and being aware of the supports offered at MSUB. Discussion followed.

Minutes taken by Natalie Preston